

Mental Health CPT Code Guide 2022

Current Procedural Terminology (CPT) is the medical code set developed and maintained by AMA. These five-digit codes describe every healthcare procedure, from radiology to surgery to psychotherapy. Knowing the correct CPT codes will aid in avoiding insurance audits and getting paid faster.

The reimbursement amount of the providers depends on numerous factors. Using appropriate codes and modifiers is a crucial step in medical billing, and it ultimately decides the amount you will receive from the payers. Even a slight error in the coding can result in denials or delays.

Below is the mental health CPT codes list if you are searching for one.



Codes Used in Mental Health Billing

CPT Code

- 90791 – Psychiatric diagnostic evaluation
- 90792 – Psychiatric diagnostic evaluation with medical services
- 99443 – Psychiatrist telephone therapy
- 90853 – Group Therapy
- 90849 – Multiple family group psychotherapy
- 90845 – Psychoanalysis
- 90880 – Hypnotherapy
- 90876 – Biofeedback
- 90839 – Psychotherapy for crisis
- 96127 – Brief emotional/behavioral assessment
- 96130 – Psychological testing evaluation
- 96131 – Psychological and Neuropsychological Testing Evaluation Services
- 99404 – New/Established EAP code
- 96136 to 96137 – Psychological or neuropsychological test administration/scoring
- 90832 to 90837 – Psychotherapy
- 90846 to 90847 – Family psychotherapy
- 90839 to 90840 – Psychotherapy for crises
- 99202 to 99205 – New Patient Office Visit
- 99211 to 99215 – Established Patients

Add-on CPT Codes

- 90785 – Add-on code for interactive complexity
- 90863 – Add-on code for Pharmacologic Management
- 99050 – Add-on code for services provided in the office when it is closed
- 99051 – Add-on code for services provided on public holiday
- 99354 to 99355 – Add-on codes for additional session time
- 90833, 90836, 90840 – Add-on codes for additional psychotherapy time

Mental Health Modifiers

Mental Health Modifiers Guide Index

- 95 Modifier – Synchronous Telehealth Services
- GT Modifier – Synchronous Telehealth Services [Medicare]
- AJ Modifier – Licensed Clinical Social Worker (LCSW)
- HJ Modifier – EAP or Employee Assistance Program Visits (EAP)
- HE Modifier – Mental Health Program (MHP)
- HO Modifier – Masters Level (MA)
- HP Modifier – Psychologist or Doctorate Level (PsyD or PhD)
- AH Modifier – Doctorate Level or Clinical Psychologist (PhD or PsyD)
- AF Modifier – Psychiatrist (MD)
- HN Modifier – Bachelor's Degree Level (BA, BS)
- UD Modifier – Missouri Behavioral Health Modifier for LPC

Key Pointers to Remember

- Time is essential in psychotherapy, and the right CPT code must be used according to the session duration
- Inpatient and outpatient are not treated differently and do not matter

Plutus Health Understands Mental Health Coding and Billing Better

Plutus Health Inc. provides technology-driven solutions for Mental Health Billing. We have highly skilled, experienced, certified coders & billers to ensure the timely cash flow/collection for the practice/providers.

Our billers & coders have been trained specifically for mental health and can offer data-driven solutions for improving your revenue cycle. We have a client base that spans 25 states covering a wide range of physician practices, Facilities, and Hospitals.

Our coders are proficient in ICD 10 CM, CPT, and HCPCS coding based on CMS and AMA guidelines and are certified by AAPC and AHIMA.

We are a one-stop destination for you if you are looking for the best tech-enabled RCM services for your mental health service. Contact Us Today.

Disclaimer: CPT is a registered trademark of the American Medical Association (AMA). CPT codes, descriptions, and other data only are copyright 2022 American Medical Association. All Rights Reserved.

You, your employees, and agents are authorized to use CPT only as contained in the following authorized materials (documents on this website that contain CPT codes, descriptions, and other data) internally within your organization within the United States for the sole use by yourself, employees and agents. The usage is limited to Medicare, Medicaid, or other programs administered by the Centers for Medicare and Medicaid Services (CMS). You agree to take all necessary steps to ensure that your employees and agents abide by the terms of this agreement.

Any usage not authorized herein is prohibited, including by way of illustration and not by way of limitation, making copies of CPT for resale and/or license, transferring copies of CPT to any party not bound by this agreement, creating any modified or derivative work of CPT, or making any commercial use of CPT. License to use CPT for any use not authorized herein must be obtained through the AMA, CPT Intellectual Property Services, 515 N. State Street, Chicago, IL 60654. Applications are available at the AMA website at ama.org.

Plutus Health Inc. is a 15-year-old Tech-enabled Revenue Cycle Management firm specializing in automated medical billing and coding, AR, denial management, and credentialing. We help mental healthcare practices increase collections and reduce denials with a strong emphasis on compliance.

